



"Women's Rights are Human Rights!"

## Give Voice:

"Apainst Gender-Based Violence" International Awareness Project







## **Project Description and Objectives:**

This project aims to raise awareness about significant societal issues such as women's rights and Gender-Based Violence across Europe. Its objective is to enlighten and educate individuals on these matters while fostering a sense of community solidarity. To achieve these goals, the project plans to organize various events and programs in Italy and different European cities over a period of one year.

These activities will include seminars in various formats, workshops, panels, artistic events, informational campaigns, and community engagement initiatives. The intention behind these activities is to encourage society to be more conscious and responsive to these topics. Creating awareness about respect for women's rights, preventing sexual harassment, and promoting equality aims to contribute to a more informed and sensitive society on these matters.

Moreover, the project aspires to build a network of solidarity and support among individuals brought together by these events, providing a platform for collective action and change. Beyond supporting women's rights, the project holds a mission to generate general societal awareness and change regarding these issues. Ultimately, the aim is for society to develop a more conscious, egalitarian, and empathetic stance towards these issues through the outcomes of these activities.













#### **Our Goals:**

## 1. Awareness of Women's Rights:

Raising awareness about women's rights across society involves fostering consciousness for respecting women's rights, ensuring equal opportunities, and establishing justice among broad segments of the population. To accomplish this, strategies for creating awareness will encompass:

## a. Education and Enlightenment:

Educational materials tailored to all segments of society will be prepared. Awareness will be imparted through seminars on women's rights held in schools, universities, civil society organizations, and workplaces.

### b. Campaigns and Events:

Campaigns reaching extensive audiences via media or events will be organized. Campaigns supported by hashtags on social media platforms or events dedicated to women's rights will be initiated.

## c. Societal Dialogue:

Sustaining discourse on women's rights is crucial to keeping it on the agenda. This will involve discussions across various platforms (television programs, panels, podcasts) bringing together women's rights activists, experts, and community leaders.

#### d. Local Initiatives:

Social transformation often begins at the local level. Hence, awareness initiatives will be conducted through women's groups or associations in local communities and neighborhoods.

## e. Solidarity and Support:

Support groups for individuals affected by women's rights violations will be established. These groups can offer psychological, legal, or social support to affected women, enabling them to voice their concerns.













## f. Sharing Women's Stories and Experiences:

Sharing real-life experiences of women can foster emotional connections and enable empathy. These stories will be shared in community events, blogs, or social media platforms.

## g. Educational Materials and Resources:

Educational materials related to women's rights will be created and made accessible to the public. Books, brochures, videos, or online platforms will provide access to these resources.

#### h. Cultural and Artistic Events:

Literature, art, and cultural events can significantly impact women's rights. Exhibitions, theatrical performances, or literary events will enable women to express themselves through art.

### i. Policy and Legal Advocacy:

Advocates for women's rights will collaborate with policymakers to work on creating legislation to protect women or reinforce existing laws.

#### **P.S.**:

The process of creating awareness demands long-term and sustained efforts. The crucial aspect is continually educating and enlightening society, encouraging them to stand against injustices and discrimination.

Awareness on Sexual Harassment and Abuse: Building consciousness and societal sensitivity towards issues of sexual harassment and abuse.







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### 2. Supporting Women:

Providing support to women who are victims of Gender-Based Violence, protecting them, and offering psychological/social assistance.

Supporting women who have experienced sexual harassment entails meeting their emotional, psychological, and social needs while ensuring their protection. The following steps will be taken to provide this support:

## a. Counseling and Support Line:

Counseling will be provided to victims through a 24/7 helpline or an online platform. Experienced counselors or psychologists will offer support within the principles of confidentiality.

### b. Legal Assistance:

Information regarding victims' legal rights and procedures related to sexual harassment cases will be provided. Assistance will be offered, including representation during legal proceedings or guidance on legal steps, through lawyers or legal advisors.

## c. Psychological Support:

Individual or group therapies will be offered to help victims cope with traumatic experiences. These therapies will assist in dealing with issues such as post-traumatic stress disorder.

## d. Safe Shelter and Protection:

Safe shelter may be provided for women who are victims of harassment (through government aid). These shelters will ensure the safety and privacy of victims.

## e. Targeted Support Programs:

Special support programs tailored to women who have experienced Gender-Based Violence will be created. These programs will encompass social, psychological, and legal support tailored to the victims' needs.













#### 3. Social Transformation:

Creating awareness and promoting transformation in society to protect women's rights and achieve equality.

Social transformation signifies fundamental changes within society aimed at safeguarding women's rights, ensuring equality, and eradicating gender-based discrimination. To encourage this transformation and raise awareness about women's rights, here are our initiatives:

## a. Education and Awareness:

Campaigns fostering awareness about gender equality will be conducted through educational institutions, media, civil society organizations, and local administrations. Educational programs in schools, universities, and workplaces will enhance awareness against gender discrimination.

### b. Changing Social Norms:

Efforts will be made to alter societal gender roles and patterns. Campaigns and projects encouraging the empowerment of women and their increased participation in leadership roles will be supported.

## c. Policy and Legal Regulations:

It's crucial to establish or strengthen legal regulations concerning gender equality and women's rights. Collaborating with policymakers on gender equality policies will lead society to be more sensitive to this issue.

## d. Economic Equality:

Supportive policies and programs will be developed to empower women economically. Encouraging women's participation in the workforce, ensuring equal pay, and providing equal job opportunities are vital in this regard.

#### e. Social Alliances and Collaborations:

We will build alliances and collaborations among stakeholders such as civil society organizations, government bodies, the private sector, and media to form a societal movement advocating for women's rights.













#### **Event Plan**

#### 1. Education Seminars and Conferences:

## a. Types of Events:

#### a.1 Interactive Panels:

These panels involve the participation of numerous experts, aiming to share information and engage in discussions centered around specific topics. Participants can listen to presentations by speakers and then direct questions related to the topic.

#### a.2 Seminars:

These are detailed presentations and information sessions focused on specific and specialized topics. They are typically conducted by individuals specialized in a particular subject and aim to enhance participants' knowledge levels.

#### a.3 Lecture Series:

These are talk series centered around specific topics or themes, often conducted at regular intervals. They may involve a series of speakers or experts, aiming to address different aspects of a particular subject.

## b. Topic Headings:

## b.1. Women's Rights:

Under this heading, topics such as women's rights, equality, societal gender roles, and the social, economic, and political status of women can be addressed. Discussions can focus on the challenges women face and debates regarding solutions to these challenges.

#### b.2. Sexual Harassment:

Sexual harassment is a significant societal issue and can be addressed with the objectives of raising awareness, prevention, and providing support. Discussions under this heading may cover the effects of harassment and abuse, preventive measures, and support for victims.

## b.3. Equality:

Understanding inequalities stemming from differences such as gender, race, sexual orientation, or socioeconomic status, and exploring strategies to combat these inequalities can be examined under this heading.













### c. Speakers:

Speakers typically consist of experts, experienced individuals, and those well-versed in their respective fields. These events may feature women's rights advocates, activists, academics, legal experts, or individuals experienced in the subject matter, often from various countries.

Such events usually aim to foster awareness, share knowledge, and initiate steps towards change within society. Participants can benefit from the experiences and expertise of the speakers, thereby developing a deeper understanding of the subject and adopting a solution-oriented approach to societal issues.

Seminars and Panels will be conducted under the management and organization of HRH Liudmyla P. Stuart - Specialist in Executive Coaching MCP.

At our Seminars and Panels, expert individuals such as Michelle Obama, Melinda Gates, Denzel Washington, Oprah Winfrey, Byron Ketie, Dr. Joe Dispenza, Sadhguru Jagadish Vasudev, Steve Harvey, Mihail Saidov, Lori Gottlieb, Maria Efrosinina will accompany HRH Liudmyla P. Stuart as speakers.

#### P.S.:

The detailed program has been provided in Annex 1)













## 2. Workshops and Educational Programs:

## a. Programs Targeting Different Age Groups:

#### a.1 For Children:

Educational games, interactive activities, and storytelling can be utilized to educate children about recognizing their bodies, setting boundaries, and feeling safe. These activities aim to help children understand what sexual harassment is, recognize trustworthy adults, and develop skills to seek help.

### a.2 For Adolescents and Young Adults:

Creating awareness about various forms of sexual harassment and abuse, staying safe on digital platforms, understanding the concept of consent, and establishing boundaries in relationships can be achieved through interactive discussion groups, role-playing activities, and informative presentations.

#### a.3 For Adults:

Seminars, interactive sessions, and workshops conducted with expert speakers can provide information on combating sexual harassment in the workplace, legal rights, and strategies to combat violence.

## b. Programs Targeting Different Sectors:

#### **b.1 For the Business World:**

Training sessions on combating sexual harassment in the workplace, employee rights, and employer responsibilities can be organized. This can be supported by internal awareness-raising activities within the company.

#### **b.2 For the Education Sector:**

Special workshops can be arranged for school administrators, teachers, and educational staff on strategies to combat sexual harassment and methods to support students.







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## b.3 For the Legal and Justice Sector:

Educational sessions can be planned for lawyers, attorneys, and law students on providing legal support to sexual harassment victims, managing cases, and understanding crucial aspects of legal processes.

## c. Program Content:

### c.1 Awareness Building:

Providing information about the definition of sexual harassment, its different forms, and prevalence.

#### c.2 Prevention Methods:

Offering practical information on risk reduction, safe behaviors, and creating support networks.

### c.3 Legal Rights:

Explaining legal terms, victim rights, complaint processes, and available legal support options.

#### P.S.:

These types of workshops and educational programs aim to raise awareness, develop protection strategies, and raise awareness about legal rights among participants. Tailored programs designed specifically for different age groups and sectors can be more effective by meeting the specific needs of the participants.







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## 3. Artistic Expressions and Presentations:

#### 3.1 Exhibitions:

Exhibitions focusing on sexual harassment and women's rights can be organized in art galleries or frequented public spaces. Various art pieces such as paintings, sculptures, or photographs addressing these themes can captivate the audience's attention. Exhibitions enable viewers to contemplate these subjects and establish an emotional connection.

#### 3.2 Performances:

Shows addressing sexual harassment and women's rights through theater plays, dance performances, or music shows can be organized. Live performances, in particular, can leave deeper emotional impacts on the audience and allow for a closer association of the themes with human experiences.

### 3.3 Film Screenings:

Documentaries, short films, or feature films addressing these topics can reach out to audiences. Following a film screening, an interactive discussion or panel can be organized to engage with the audience.

## 3.4 Art Workshops:

Workshops in various art disciplines can be conducted. For instance, through painting, sculpture, photography, or writing workshops, participants can express their emotions and thoughts through art. These workshops can assist participants in expressing themselves and gaining deeper insights into the subjects.

#### P.S.:

The success of these activities closely ties to an effective promotional strategy, the selection of appropriate platforms, and the quality of the events. Additionally, organizing these events with sensitivity is crucial to ensuring participants feel comfortable and can speak in a safe environment. Such events not only create awareness in society but also allow participants to be emotionally affected and express their thoughts.













## 4. Community Events:

#### 4.1. Walks and Rallies:

Large-scale walks and rallies often bring people together around a specific issue or purpose. These organized walks and rallies aim to amplify people's voices and create awareness.

#### 4.2. Street Activities:

Street festivals, events where artists perform on Sundays, or gatherings where various stalls share information by closing streets can be organized. Street art events can also fall under this category.

### 4.3. Social Media Campaigns:

Social media serves as an effective means to reach large audiences swiftly. A campaign can be organized on social media platforms to raise awareness on specific topics, mobilize communities, or disseminate information. Hashtag campaigns, sharing contests, infographics, and videos can be part of such campaigns.

## 4.4 Rehabilitation Camps Organization:

This project aims to rehabilitate 100 women both mentally and physically every month, providing them with a delightful holiday experience to help them forget their troubles. These camps, held in different hotels, are designed to rejuvenate participants, offer support, and initiate positive change.

(The detailed program has been provided in Annex 2)

#### P.S.:

While each of these events serves different purposes, their common goal is to bring communities together to share information, create awareness, and unite people around a common cause. Each event requires planning, coordination, organization, promotion, and participation efforts.







